

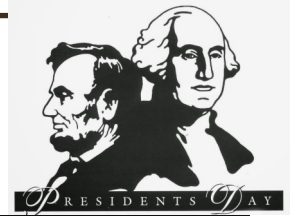


SUN CITY CENTER

EMERGENCY SQUAD



The Siren



News and announcements from the Emergency Squad

February 2019

FROM THE DESK OF THE CHIEF

As many of you are aware of, we participate in the state conferences. The Emergency Squad is known very well in the State because of the involvement over many years. There are many things learned from these conferences, such as Disaster Planning and Legislation that has been proposed affecting EMS.

But my most significant take away, was based on DATA that is submitted to the State. Most of you know that when a run is made there is a report that follows. I always assumed it was filed away and forgotten.

A doctor gave a presentation and she did a five-year review of data submitted on treatment on Pediatrics with Asthma. She looked for treatments and protocols. They also looked for what happened to the children. Because of the data they knew how many had been treated and where. They put in air pollution levels they had and found a correlation. They had several models of information; I have only mentioned one. Now I look at those reports a little differently.

In the near future, we will be able to utilize a state funded array of reports like the one described above. I will keep you posted as to when this will be available to us.

Thanks for a great January. Looking forward to another great month in February.

Chief Mike Bardell



Chief Mike Bardell

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How to Get Inspired In 7 Steps

1. You are better than you think!
2. Hope sets success in motion.
3. Times don't stay tough.
Easier days are ahead.
4. You're more important than your to-do list.
5. Things can turn out even better than you've dreamed.
6. You shine brighter than the sun, moon and stars!
7. Believe in the power of today!

<http://BloodClotRecovery.net>



EDITORIAL CORRECTION

APOLOGIES GO TO CONNIE ABBOTT WHEN IT WAS SHOWN HIM THE SIREN FOR JANUARY THAT HE HAD SERVED ON THE SQUAD FOR 15 YEARS. THIS SHOULD CORRECTLY HAVE BEEN NOTED AS 20 YEARS.

WE

ALL WANT TO THANK YOU, CONNIE, FOR YOUR LOYAL SERVICES TO THE EMERGENCY SQUAD!



A DAY IN THE LIFE OF A NEW EMT

By Jan Huber

First it starts with your Captain calling to congratulate you, then your mentor, then a bunch of your peers—even your sister. You cannot seem to stop smiling. The months of study, work, tests and stress are finally over—you think. Then slowly reality starts to hit when the Captain tells you that you will be running alone in just a few days. That's just enough time to start the anxiety all over again. You stress over the potential of your first day—you anticipate childbirth, snakebite, cardiac arrest. You question your judgment, knowledge, instinct, preparation—there are still a million unanswered questions.

The time is 10:04 on a Sunday morning—you have been ready since 6:20. Yes, it is your first call and it is an elderly person who has fallen in the church parking lot. The service is over, half the congregation is trying to get out of the lot and the other half is watching you. The half watching seems also to be praying and you are hoping their prayers are also for you. Then an amazing series of events starts to happen—all of the months of training kick in, all of the procedures for a fall and a potentially injured hip are executed perfectly and the crew performs the most flawless and gentle “scoop” imaginable. You feel a sense of pride and accomplishment—also relief—it is as if you have been doing this for years. Maybe all of the prayers are working.

Now you are in the back of the ambulance with the patient, she's frightened, she's in pain, you see fear in her eyes. You hold her hand and brush her cheek and start her talking about her grandkids. Her body relaxes a bit, there is a gentle smile and then a soft spoken “thank you.”

I guess that's what this is all about. I could never have imagined a greater reward. My friends say that I have never worked so hard to accomplish something, put in such long hours, for no money and loved it more! Without a doubt, this is one of the best things I have ever done.

EMT



January Run Report

| | |
|---|------|
| Ambulance Runs | 4676 |
| Van Runs | 1224 |
| B/P | 1184 |
| Falls | 1857 |
| Falls were 39.71% of our overall Calls for 2018 | |

Sick List

| | |
|-----------------|--------|
| Sue Cooper | Team 1 |
| John Cortese | Team 3 |
| Sally Mabesoone | Team 7 |
| Dottie Kemmer | Team 7 |

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February Birthdays

| DAY | NAME |
|-----|------------------------|
| 1 | Ed Cohen |
| 2 | Tom Rawlings |
| 6 | B J Capron |
| 6 | S. Diane Hathaway |
| 6 | John Phillips |
| 7 | Joyce Kline |
| 8 | Bob Kratzer |
| 8 | Deanna St. John |
| 9 | Emily Lahti |
| 10 | Carol Hillberry |
| 11 | Fran Schrader |
| 11 | Nancy Biegenwald |
| 12 | Connie Abbott |
| 13 | Bob Jensen |
| 14 | Bill Bennett |
| 14 | Valerie Cook |
| 14 | Mary Mobley |
| 14 | Carolyn Wilkinson |
| 16 | Barb Laino |
| 17 | Helenanne Frobose |
| 18 | Brigitte Austen |
| 18 | John Colburn |
| 19 | Pete Blair |
| 19 | Ken Rodman |
| 20 | John Allen |
| 20 | Garry Gose |
| 21 | Ron Claeys |
| 21 | Sharon Gomez |
| 21 | Judy Myette |
| 21 | Elizabeth Schneider |
| 22 | Bertil Johnson |
| 22 | Irv Sanders |
| 24 | Rosie Lee |
| 24 | Barry McKee |
| 25 | Chris Avella |
| 25 | Marty Mallak |
| 27 | Erik Sager |
| 28 | Chris McCann |
| 28 | Anne McNamara |
| 29 | Tom Murphy |



GUIDEPOST MAGAZINE COMES TO SCCEMS

In case you haven't heard, Guidepost Magazine came to the Squad recently to interview various volunteers relative to their positions with the Emergency Squad. It seems they were working on an article for the monthly magazine with nationwide circulation that dealt with the topic of "Living Longer, Living Better." Something we all can relate to.

Mari Pack, an editor for the magazine came from New York City to complete interviews and spend the day talking with all the people available. She also participated in the team training that day: CPR and the AED. A few weeks later, a photographer from Orlando came into the Squad to take numerous photos of the Squad at work.

Her article is planned for the April edition and, if you'd like your own copy of the magazine, just mention that at the front desk and they'll see that you get a copy



CHAPLAIN'S CORNER

February already! I don't believe that I am the only person that thinks God is playing with me as I get older. Time seems to fly by compared to when I was a younger man . . . It seems to me I just moved to the South County area but it's been 16 years already! I have lived in Hillsborough County for 66 years because I love this area and the people. I serve in two churches because God burdened my heart to do what I can when I get the opportunity to help others.

February also brings another holiday to get excited about. No decorations to put up and no big plans for having family and friends over for turkey. This is just a holiday about our hearts, Valentine's Day! Let's face it, we all care about hearts... In 1 Samuel 16 it says, "... that God looks at our hearts", isn't that what you as Squad members do also? You care about people's hearts! As a minister, I also care about people's hearts so I guess we celebrate Valentine's Day every day.

I don't care how fast the time passes, I'm just glad that we accept each day and the opportunities that it presents to us so we can take action as it is needed. I hope you didn't wait until Feb. 14 to give your loved one a big hug and tell them that each day with them is a present in your life.

Blessings,
Pastor Hal



A SUN CITY CENTER MOMENT WITH JOHN CORTESE

The Old Man in his 80's got up and was putting on his coat. His wife said "Where are you going." He said, "I'm going to the doctor." And she said : "Why, are you sick?"

"No" he said. "I'm going to get me some of those new Viagra pills." So his wife got up out of her rocker and was putting on her sweater and he said "Where are you going?"

She said "I'm going to the doctor too." He said "why?"



She said "If you are going to start using that rusty old thing again, I'm going to get a tetanus shot."



February Anniversaries

| <u>Team</u> | <u>Name</u> | <u>Anniversary</u> |
|-------------|-------------------|--------------------|
| 3 | Nancy McCune | 15 |
| | Marty Gifford | 15 |
| 3 | Bud Wiehe | 5 |
| 5 | James Hoffman | 5 |
| 8 | Marie Nelson | 5 |
| 7 | Virginina Defever | 3 |
| 2 | Rosita Rodrigues- | |
| | Barton | 1 |
| 2 | Jeanne Krull | 1 |
| 1 | Fran Schrader | 1 |

amazonsmile
You shop. Amazon gives.

Dates to Remember

FEB 13 VOLUNTEER OPEN HOUSE
AT EDUCATION BUILDING 6 PM

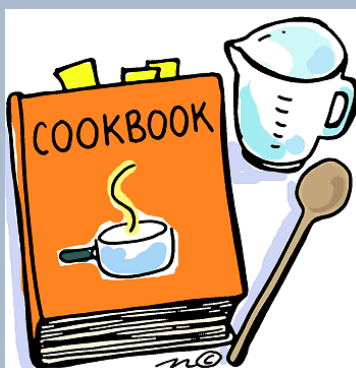
STOP THE BLEED CLASSES
CONTINUE. CHECK EDUCATION
BOARD FOR DATES AND
TIMES.

MAR 17-21 ANNUAL PICKLEBALL
TOURNAMENT FROM 088-1600
EACH DAY. VOLUNTEERS
NEEDED TO MAN FIRST AID
TABLE EACH DAY. CONTACT
johnco@scc-ems.us FOR DE-
TAILS.

MAR 23 CHAMBER GOLF OUT-
ING AT SANDPIPER GOLF CLUB

DO NOT FORGET OUR COOK- BOOKS.

WE ARE CONTINUING TO SELL THE
SQUAD COOKBOOKS. KEEP THEM IN MIND AS
A NICE SHOWER GIFT OR A WEDDING PRE-
SENT. \$10 EACH OR 6 BOOKS FOR \$50.



Team Captains

Team 1—Robert Leonard

Team 2—Betty Richner

Team 3—Chuck Russ

Team 4—Tim Zion

Team 5—Ken Rodman

Team 6—Dick McCormick

Team 7—Tina Drury

Team 8—Tom Burlage

Thank you all for all you do for
our squad!