



The Siren



News and announcements from the Emergency Squad

July 2017

From the Desk of the Chief

I have received a lot of questions regarding our Chief, Robert Leonard, since his departure. There seems to be a lot of speculation for his leaving, so I thought I would tell you what I know.

First, the Chief signed out on a Leave of Absence (LOA). I know very little about his medical issues, but in the end; he felt in order to heal he needed to do this. I feel we must honor his request, and hope for his speedy recovery.

As for his position, he is still the Chief and will remain so unless the Board removes him or he decides to terminate the position. I am only the Acting Chief in his absence. However, while he is on an (LOA) per policy, he has no active position with the squad.

How has this changed the squad? It has not. The staff is still the same; the only difference is that I have assumed his responsibilities.

On a lighter note, we would like to tell you about some things that are happening:

The infamous new van that some of you may have heard a rumor about is still coming. Currently, it is in Massachusetts being converted. I have been told it is taking longer because of a large overseas order prior to ours. Dick Schneider wishes to check the vehicle before it is shipped to ensure it is completed correctly. This is thought to take two more weeks. At that point, it will be shipped to a local company to put graphics on for us.

We are now offering wheeled walkers for those in need and believe this will add some more flexibility for someone recovering.

Finally, we have just replaced one of the air conditioning units in the Squad, just in time for the summer heat..

Submitted by Mike Bardell, Acting Chief

WORDS OF WISDOM FROM TODAY'S POSITIVE THINKER

"THERE IS ONLY ONE GOAL: TO GIVE YOUR GREATEST EFFORT. IF SOMEONE ELSE GETS BETTER RESULTS THAN YOU, HONOR THEM. BUT MAINTAIN YOUR OWN SELF-RESPECT FOR OFFERING YOUR BEST. THIS WILL GIVE YOU CONFIDENCE AGAINST ANY FOE."

Jay Wright, Villanova men's basketball coach, from his book Attitude: Develop a Winning Mindset On and Off the Court.

Chief Robert Leonard



Inside This Issue

Donations

Run Report

Sick List

Birthdays

Dates to Remember

Anniversaries

Team Captains

Diabetes Update

Appreciation Lunch

Volunteer of the Month

Donations:

Members of the North Lake Association and Yacht Club recently held their annual Duck Races on North Lake. Funds are raised by residents purchasing a duck to participate in the race. Approximately 30-40 residents participated and their proceeds of \$400 were contributed to the Emergency Squad. Pictured here with Deputy Chief Mike Bardell are Dee Kelly, president of the Association and Linda Grabowski, the coordinator for the event.

Many thanks to the club for their support of the Emergency Squad!



Run Report JULY 2017

Monthly

Ambulance Runs	358
Van Runs	117
B//P	119
Falls	133
Heart/Chest Issues	17
<i>Falls were 42.63% of our calls</i>	

Year to Date Run Report

Ambulance Runs	2362
Van Runs	770
B/P	852
Falls	852
Heart/Chest Issues	119

Sick List

Robert Leonard	Team 1
John Cortese	Team 3
Shirley Bardell	
John Colburn	Team 4
Judi Buyak-Daigis	Team 5
Mary Soja	Team 7

THANKS TO ALL OF OUR FOURTH OF JULY CREWS



Team 1 served our community for this year's 4th of July emergency crew. Pictured left: Seated: Duane Marcum and Stan Zabetakis. 2nd Row: Joyce Kline, Marcia Lederburg, Mary Reter, Lil Stone and Bob Mulcahy. 3rd Row: Ken Ayers, Harold Cline, Lloyd Banfield, Jorge Ignarra and Mat Gaberty.

Pictured Right: : Debbie Jasmer (T5), Dana Wallace, Ted Stone, Em Gempler, Karen Leonard, and Irene Arnio. Also working for the 4th but not pictured: Bob Gaida, Naomi Layton, Marilyn Navarro, Carol Whalen, Jennie Casey, Mike Albanese, Don Chabot, Ludi Kulihin, Scotti Fortiner, Carol Sealey, Joe Michaliszy, Marty Gifford and Jean Sullivan.

Thank you to all of this crew who gave of their time on a holiday! Please know that you are very much appreciated!



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July Birthdays

<u>DAY</u>	<u>NAME</u>
2	Chuck Russ
3	Vince Vincent
4	Velma DeKing
4	Joe Michaliszyn
4	Pamela Zion
5	Jim Rottman
6	Hope Rund
7	Russell Foti
7	Dennis Nash
9	Barbara Walker
11	Sally Mabesoone
12	Franklin Sponhauer
13	Fabricio Cabrera
14	Anthony Horman
14	David Zoerb
15	Georgia Axtell
15	Joe Cox
15	Peter Gallagher
18	Robert Rusnak
19	Marty Altman
19	Marlene Antonsen
19	Patsy Geresy
19	Nancy McCune
21	Robert Butenhoff
21	John Dulik
22	Susan Cooper
22	James Malanowski
23	Shun Lee
24	Ed Davis
26	Dottie Kemmer
26	Robert White
27	Carol Bippen
27	Elizabeth Peyton
29	Lynn Yucuis
30	Penny Baker
30	Lorraine Germain

• OUR NEWEST DISPATCHERS

The Emergency Squad welcomes its newest dispatchers to our Squad family. First row Lori Brezec and Jean Sullivan. Second Row Dianne Good, Paul O'Connor, Joe Michaliszy, Manager of Dispatch Training; Linda Dulik and Tracy Sabo.

Missing from photo are David Roberts, Terry Blankenship, Jim Roberts, Gretchen Chapman, Brenda Levy, Patricia



Slutskin and Linda Hughes, Trainer.

LET'S TALK ABOUT DIABETES By Kent Marchuk

Diabetes is manageable but not curable. Proper medications and diet help control weight and keep the blood glucose in a healthy range. Visiting the local gym more than the local fast food chains most certainly is a bonus. Even though it is a common disease, every diabetic requires unique care.

Blood sugar levels according to 'American Diabetes Association' recommendations, after fasting or before meals, is between 70 and 130 mg/dl (milligrams/deciliters), and a reading of 180 or less an hour or two after eating. Bear in mind, individual norms may vary. Medicines, too much alcohol, diseases that affect adrenal glands, kidneys, liver, pancreas and other organs can cause low sugar levels. Symptoms of low blood sugar depend on how the levels drop. A mild drop can make a person nauseous or hungry, feel nervous or jittery, increased heart rate, sweat or develop cold and clammy skin.

TYPE 1 Diabetes-A condition in which the body produces no insulin.

TYPE 2 Diabetes-A condition in which the pancreas makes an insufficient amount of insulin, the insulin which it does make is not as effective as it needs to be. Also, the liver is producing an excess of sugar. Over time, a buildup of sugar in the blood leads to severe medical problems.

Diabetic shock is severe hypoglycemia (low blood sugar) associated with diabetes. Symptoms include fatigue, light headedness or fainting and often reddening of the skin. Immediate treatment is administration of glucose in a prescription sub-lingual form (under the tongue) or even in the form of hard candy, if nothing else is available. A patient in a state of shock should also be medically evaluated as soon as possible.

Diabetic coma is the result of extremely high blood sugar levels. This usually means 600 mg/dl or higher. It can cause patients to become dehydrated and is common among Type 2 diabetic victims when it is not controlled. The elderly, disabled and those that are chronically ill are more likely to suffer from a diabetic coma. It sometimes happens when victims are dehydrated due to lack of proper water consumption and may begin to experience frequent drowsiness and weakness often accompanied with headaches and fevers. Some experience an altered mental state and an inability to speak properly, not unlike intoxication. Visual problems and hallucinations are also strong indicators of diabetic coma. Some even experience paralysis. Obviously, treatment is ALS and in hospital care to replace important electrolytes like potassium, Insulin and other medications through an IV. If this care is not immediately available, and the patient is able to swallow, large amounts of fluids such as Gatorade and bananas (potassium) should be given. Replacing lost fluids is essential in all diabetic medical emergencies.

VOLUNTEER OF THE MONTH

Richard has been a member of the Emergency Squad for the past two years. Born and raised in Louisville, Kentucky, he and his wife of 28 years, Debi, moved to Sun City Center in 2012 from their 17 acre Gentleman's Farm located in the remote country area of Fisherville, KN.

His fascination with computers and technology began back in 1966 as an employee of South Central Bell, later to become BellSouth Telecommunications. Over the course of many years, Richard received extensive technical training at both the AT&T Hickory Ridge Technical Training Facility in Chicago as well as the Bell System Center for Technical Education in lisle, IL. During his career, he also earned a Master's Certificate in Project Management from George Washington University. Retiring with 35 years of service in 2001, Richard's first foray back into IT work, after 13 years of retirement, was as a volunteer Ambulance EMR and IT Specialist with the Emergency Squad. With so much to learn about the systems, network architecture and organization of the Squad, it did not take long for that role to eclipse the EMR role, even though Richard currently remains a duly certified EMR on Team 5.

From Richard: "The most valuable commodity that any human has is his or her time – it is limited, non-renewable and eventually runs out. The 400+ members of the Squad freely donate their most valuable treasure – their time – in service to the sick and injured in our community. Heartfelt appreciation is the reward for making this commitment both externally, from patients and family members that we help, and internally from volunteers whose role is made easier through effective technology. I'm proud to be associated with so many great people who are selfless with their time and talent."

As we all know Richard left us to take a much deserved LOA as of July 1. He shall be greatly missed by all of us who have worked with him as we learn the tough book and, most especially,

by all of us who work with Richard on a day to day basis depending on our IT to keep the Squad moving smoothly! Richard is and has been an invaluable resource to all of us and he will be greatly missed by us all.



June Anniversaries

Team	Name	Anniversary
4	Linda Bowker	20
7	Lynn Warren	5
1	Julie McClintic	5
1	Margaret Goss	5
5	Julie Schneider	5
7	Marty Altman	5
8	Tom Rawlings	1
2	William Ammeraal	1
1	Ken Ayers	1
7	Suzanne McFayden	1
	Oscar Kramer	1
1	Matthew O'Brien	1

WELCOME AND CONGRATULATIONS TO OUR LATEST EMR TEAM! 1st Row:

Tina Drury, Instructor; Victoria Suarez, Claudia Blain, Robert Leonard, Valorie Graves and Marcie

McKee, Instructor. 2nd Row: Barry

McKee, Instructor; Mat Gaberty, Bill McKiernan, Lucas and Walt Bowers, Instructor.



Bob In-

Dates to Remember

SAT JULY 8 SOUTHEASTERN GUIDE DOGS/SOUTH SHORE PUPPY RAISERS GROUP @EDUCATION BUILDING

WED JULY 12 RECRUITING MEETING 6PM-EDUCATION BUILDING

SAVE THE DATES:

THURS AUG 17 SUMMER APPRECIATION LUNCHEON:

THURS NOV 9 ALL SQUAD MEETING

MORE INFO WILL FOLLOW



Please join **JIM AND JOSEPHINE SERENSON**

Aboard a ***CHRISTMAS DANCE CRUISE***

ON THE **COSTA DELIZIOSA!**

DECEMBER 20 – 27, 2017

~ 7 NIGHT CARIBBEAN CRUISE ~

From **LAUDERDALE** to **NASSAU, GRAND TURK (TURKS AND CAICOS), AMBER COVE (DOMINICAN REPUBLIC)** and **KEY WEST**

Inside cabin: Category IP \$771.71 per person

Ocean view cabin: Category EC \$871.71 per person

Balcony cabin: Category BC \$971.71 per person

Rates **INCLUDE** port taxes/government fees. Valid passport required. Insurance is highly recommended; please inquire. Other cabin categories also available.

Deposit required to confirm your cabin: \$250 per person

Final payment due: September 13, 2017

This cruise is a fundraiser for the SUN CITY CENTER EMERGENCY SQUAD.

*There will be many opportunities to dance on the Deliziosa, noted for a lovely large wooden dance floor, and a variety of dance music/styles.

For more information: please contact **TRAVELWORLD 813-634-3318**

Team Captains

Team 1—Bob Mulcahy

Team 2—Betty Richner

Team 3—Chuck Russ

Team 4—Randy Anderson

Team 5—Ed Davis

Team 6—Dick Morrison

Team 7—George McInnes

Team 8—Jim Ryan

Thank you all for all you do for our squad!